



PENTATHLON·GB

Information for those against whom a complaint of poor practice or an allegation of abuse has been made

If you as a coach, official, parent, etc. are in need of advice about your conduct please contact the *Pentathlon GB* Child Protection Officer. If, on the other hand, you have been notified by *Pentathlon GB* that there are reported causes for concern regarding your behaviour towards or with children or young people you may find the following contact details useful as a form of support and guidance.

Both Parents Forever

39 Cloonmore Avenue
Orpington
BR6 9LE
Tel 01689 854 543

Advice to parents, grandparents, children on rights following divorce, separation. Men in domestic

violence situations/false allegations. Help in child abduction cases

www.ukselfhelp.info/bothparentsforever

Careline

Cardinal Heenan Centre
326 High Rd
Ilford
IG1 1QP

Tel 020 8514 1177

Confidential crisis telephone counselling service for children, young people and adults.

Face to

face service for adults.

www.ukselfhelp.info/careline

Child Line

Studd Street
London
N1 0QW

Tel 020 7239 1000/fax 020 7239 1001

Free national telephone helpline for children 24 hrs 0800 1111

www.childline.org.uk

Family rights Group

The Print House
18 Ashwin Street
London
E8 3DL

Tel 020 7923 2628/fax 020 7923 2683

Assists families with children in care/residential accommodation/involved in child protection procedures
www.frg.org.uk

FSU

207 Old Marylebone Road
London
NW1 5QP
Tel 020 7402 5175/fax 020 7724 1829
Counselling, welfare and legal advice. Offices in all areas of UK
www.fsu.org.uk

Parentline Plus

Unit 520
Highgate Studios
53-57 Highgate Road
London
NW5 1TL
Tel 020 7284 5500
Helpline 0808 2222 2222
Support for all families/stepfamilies
www.parentlineplus.org.uk

Self Harm Alliance

PO Box 61
Cheltenham
GL51 8YB
Tel 01242 578 820
National organisation offering support
www.selfharmalliance.org

The CPSU Helpline:

24 hour free and confidential telephone Helpline that provides counselling, information and advice to anyone concerned about a child at risk of ill treatment or abuse.

The Samaritans

The Upper Mill
Kingston Road
Ewell
KT 17 2AF
Helpline (local call rate) 08457 90 90 90
Admin tel 020 8394 8300/Fax 020 8394 8301
Nationwide, non-religious, non-political 24 hour confidential support
www.samaritans.org.uk

www.self-help.org.uk

The UK's free online specialised child protection resource.
A general list of 1,000 self-help organisations in the UK