Return To Play

Laser Run
- Outdoor training local to home for daily exercise.
  Virtual sessions permitted by PGB insured coach

Swimming
- Open water swimming permitted for those experienced/qualified
- No fencing bouts permitted.
  Individual fitness activities only
- Local riding/exercising of own horse permitted

Fencing
- No fencing bouts permitted.
  Individual fitness activities only
- Riding/exercising in small groups permitted
  Socially distanced coaching permitted in controlled outdoor environments

Riding
- Local riding/exercising of own horse permitted

Return To Competition
- All competitions and Training camps suspended
  Individuals encouraged to enter virtual competitions

Stage 1
- Individual activity

Stage 2
- Some shared activity

Stage 3
- Small group activity

Stage 4
- Large group activity

Stage 5
- Return to full training

Part 1 – approved events will be permitted
  formats may vary

Part 2 – resumption of elite competitions – invite only/no spectators

Formats may vary

Guidance from British Fencing to follow

Guidance from British Equestrian to follow

Return to National competitions and full PGB calendar

Subject to lifting of Government Restrictions & NGB Guidance