True or False Challenge
Are the below statements true or false?

1. U11s swim 25 metres at a Biathlon competition
   **FALSE** – Under 11’s swim 50m

2. Pentathletes get 20 minutes to practise with their horse at a competition
   **TRUE**

3. A Tetrathlon competition includes Riding, Swimming and the combined Laser Run
   **FALSE** – A Tetrathlon involves Swimming, Fencing and Laser Run

4. The 2019 National Biathlon took place in Nottingham?
   **TRUE**

5. 2020 World Cup 1 took place in Cairo, Egypt?
   **TRUE**

6. A Biathlon competition involves the use of a Laser Pistol
   **FALSE** – A Biathlon is just a swim and run

7. The transition zone in a Biathle competition is 50m
   **TRUE**

8. Jo Muir’s favourite element of the Pentathlon is fencing
   **FALSE** – it is the Laser Run

9. The running distance in the Laser Run is 3200m?
   **TRUE** – The run is 4 x 800m

10. The Modern Pentathlon is an Olympic Sport?
    **TRUE**